



# RESOURCES FOR UNION MEMBERS

## SAN MATEO COUNTY

THESE ARE SOME OF THE MANY RESOURCES AVAILABLE.

FOR ASSISTANCE –

PLEASE CALL AFL-CIO COMMUNITY SERVICES 650 341-7711

### ABUSE

ELDER..... 573-3900  
CHILD..... 802-7922  
DOMESTIC VIOLENCE..... 312-8515  
RAPE..... 573-2671

### ALCOHOL AND DRUG

INFORMATION & REFERRAL..... 573-3950  
ALCOHOLICS ANONYMOUS..... 577-1310  
NARCOTICS ANONYMOUS..... 802-5950

### CONSUMER

CONSUMER FRAUD..... 363-4636  
CONSUMER AFFAIRS..... 800-952-5210

### COUNSELING

FAMILY / CHILDREN SERVICES... 326-6576  
CATHOLIC CHARITIES..... 295-2160  
JEWISH FAMILY SERVICES..... 931-1800  
COUNTY MENTAL HEALTH ....(800)686-0101  
GRIEF COUNSELING..... 321-5272

### DISABLED

STATE DISABILITY INS..... (800)480-3287  
INFORMATION & REFERRAL..... 645-1780  
TTY..... 522-9313

### EMPLOYMENT / TRAINING

*ADULT AND YOUTH*  
MENLO PARK..... 330-6429  
DALY CITY..... 301-8440  
FAMILY RESOURCE CENTERS... 802-6583

### FAMILY

STRESS..... 692-6655  
CHILD CARE..... 517-1400  
CHILD SUPPORT..... (866) 901-3212  
YOUTH – CRISIS / HOMELESS..... 367-9687  
FAMILY / MEDICAL LEAVE (800) 880-8047

### FINANCIAL

DEBT COUNSELING..... (800)777-7526  
FAMILY (TANF) SSF..... 877-5608  
DC..... 301-8440  
RWC..... 599-3811  
EPA..... 363-4218  
SINGLE (GA)..... 802-6470

### FOOD

FOOD CONNECTION (800) 984-3663  
FOOD STAMPS (800) 984-3663  
FOOD BANK..... 610-0800

### HEALTH

EMERGENCY..... 911  
PUBLIC HEALTH..... 573-3702  
HEALTH INSURANCE HOTLINE..... 616-2002  
HOSPICE..... 554-1000  
AFFORDABLE CARE ACT... (800)-300-1506  
[www.CoveredCa.com](http://www.CoveredCa.com)

### HOUSING

EMERGENCY SHELTER..... 685-5880  
LANDLORD – TENANT..... 321-6291  
HOMESHARING..... 348-6660  
MORTGAGE COUNSELING... (408) 720-9888

### IMMIGRATION

INFORMATION & REFERRAL..... 780-7530  
IMMIGRANT ASSISTANCE..... (415) 808-4357

### LABOR

COMMUNITY SERVICES..... 341-7711  
LABOR COUNCIL..... 572-8848  
BUILDING TRADES..... 358-9977

### LEGAL

LEGAL AID..... 558-0915  
VICTIM CENTER..... 599-7479  
LAWYERS REFERRAL SRVC..... 369-4149  
SMALL CLAIMS COURT..... 363-4303  
EMPLOYMENT LAW PROJECT(415)864-8848

### SENIORS

INFORMATION & REFERRAL . (800) 675-8437

### SOCIAL SECURITY

INFORMATION & SERVICE..... (800)772-1213

### UNEMPLOYMENT

CLAIM FILING & INFO..... (800)300-5616  
SAN MATEO COUNTY EDD..... 688-6335

### WOMEN

INFORMATION & REFERRAL..... 363-4872

### VETERANS

INFORMATION & REFERRAL..... 802-6598

**SAN MATEO COUNTY AFL-CIO COMMUNITY SERVICES**  
**24-HOUR CRISIS HOTLINES**  
**IN EMERGENCY - DIAL 911**

ALCOHOL CRISIS / DETOX .....	513-6500
AMBULANCE / PARAMEDIC.....	911
DOMESTIC VIOLENCE.....	(800) 300-1080
CHILD ABUSE.....	802-7922
DISASTER .....	(800)660-4272
SUBSTANCE ABUSE .....	573-3950
ELDER ABUSE.....	(800) 675-8437
FAMILY STRESS / CRISIS / SUICIDE .....	579-0350
PSYCHIATRIC EMERGENCY .....	573-2662
POISON .....	(800)222-1222
RAPE .....	692-RAPE
YOUTH CRISIS LINE .....	567-5437

**WARMLINES**

*GENERAL INFORMATION AND REFERRAL CORE SERVICE CENTERS*  
*These Community Based Organizations are general information and referral (I&R) centers and serve the geographical community in which they are located. They can provide or locate emergency food, housing, clothing, counseling and can make referrals to many other services and programs. (All are 650 area code)*

***These agencies are a good first call for information.***

**OR CALL 211**

HSA COMMUNITY SERVICES .....	877-5665
<i>(Serving Brisbane, So San Francisco, San Bruno)</i>	
DALY CITY COMMUNITY SERVICES CENTER .....	991-8007
<i>(Serving Daly City, Colma, Broadmoor)</i>	
PACIFICA RESOURCE CENTER.....	738-7470
<i>(Serving Pacifica)</i>	
COASTSIDE HOPE.....	726-9071
<i>(Moss Beach Montara El Granada Half Moon Bay San Gregorio La Honda Pescadero Loma Mar)</i>	
SAMARITAN HOUSE .....	347-3648
<i>(Serving Millbrae, Burlingame, Hillsborough, Foster City, San Mateo, Belmont, San Carlos)</i>	
C.A.L.L. PRIMROSE .....	342-2255
<i>(Serving Burlingame, Millbrae)</i>	
FAIR OAKS COMMUNITY CENTER.....	780-7500
<i>(Serving Redwood City, Atherton, Menlo Park, Portola Valley, Woodside)</i>	
EL CONCILIO EMERGENCY SERVICES.....	330-7432
<i>(Serving East Palo Alto, East Menlo Park)</i>	
PUENTE DE LA COSTA SUR.....	879-1691
<i>(Serving La Honda, Loma Mar, Pescadero, San Gregorio)</i>	
UNITED WAY OF THE BAY AREA.....	2-1-1



*AFL-CIO Community Services and United Way Partnership*

CALL AFL-CIO COMMUNITY SERVICES  
 FOR ASSISTANCE (650) 341-7711  
 In cooperation with United Way of the Bay Area